

Tofu Cheesecake (lemon)

8 Servings

Deserts

Prep 10:00 Cook 40:00 Stand 0:00 Total 50:00

Use with your favorite Crust recipe

- 2 packages tofu, firm**
- 1/4 cup lemon juice**
- 1/2 teaspoon Orsa salt or herbal substitute**
- 1/2 cup olive oil**
- 1 1/2 tablespoons arrow root pwd**
- 2 teaspoons vanilla, Real**

Preheat oven to 350. Combine all ingredients in blender till smooth. Pour into your favorite crust (graham cracker or almond crust). Bake for 40 minutes till top is golden brown.

Source: Evan

Amount Per Serving

Calories 144 Calories from Fat 140

Percent Total Calories From:

Fat 97% Protein 0% Carb. 3%

Nutrient	Amount per Serving	% Daily Value
Total Fat	16 g	24%
Saturated Fat	2 g	10%
Cholesterol	0 mg	0%
Sodium	145 mg	6%
Total Carbohydrate	1 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	0 g	

Vitamin A 0% Vitamin C 6% Calcium 0% Iron 0%